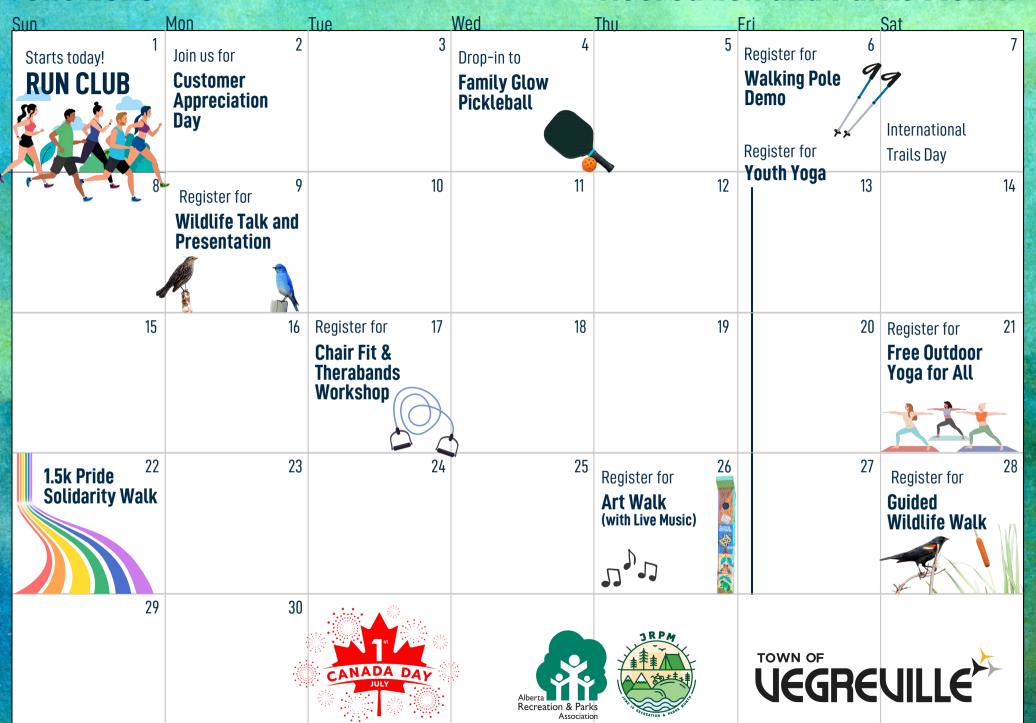
# **June 2025**

# **Recreation and Parks Month**



# **June 2025**

JUNE, 2025

JUNE, 2025

6

JUNE, 2025

6

JUNE, 2025

9

JUNE, 2025

# **RUN CLUB WITH VFS**

4509 48 ST VEGREVILLE, AB

# **CUSTOMER APPRECIATION DAY** JUNE, 2025

4509 48 ST VEGREVILLE, AB

# **GLOW PICKLEBALL DROP-IN STARTS**

4729 45 AVF VEGREVILLE, AB

YOUTH YOGA WITH

**KALYNA FRN** 4509 48 ST VFGRFVII I F. AB

# **WALKING POLE DEMO WITH AHS**

4500 PYSANKA AVE VEGREVILLE, AB

# **LOCAL WILDLIFE PRESENTATION**

4709 48 ST

### **Meet at the Recreation Centre**

Vegreville Fire Services for pace & First Aid Free to join!

### PAR-Q+ and Waiver Required

For more information, call 780-632-6403

### **Recreation Centre**

15% Off Recreation Memberships All Day Free Barbeque on the Recreation Centre lawn Free Public Swim

For more information, call 780-632-6403

### Multi-plex

\$2 Drop-in fee Family/Wednesday's, Adult/Thursday's 3:30 - 5 pm

### **Waiver Required**

For more information, call 780-632-6403

### **Outside the Recreation Centre**

Register with Kalyna Family Resource Network at kalvnafrn.ca or email vegfrnhub@telus.net Friday's 3:45 - 4:45 pm For more information, call 780-632-2912

### Elks/Kinsmen Pysanka Park

Register at vegreville.com (Groups are up to 15 people in 1 hour) Join AHS, Physiotherapist II for a Walking Pole Demo and trail walk at the park.

### PAR-Q+ and Waiver Required

For more information, call 780-632-6403

VEGREVILLE, AB

### Library Gymnasium

Registration at vegreville.com Confirm your seats or walk-in's welcome! 4:00 - 6:15 pm Wildlife photo's and presentation learning

seminar with local conservation stewards. For more information, call 780-632-6403

# **Recreation and Parks Month**

JUNE, 2025

# **CHAIR FIT & THERABANDS WORKSHOP**

4709 48 ST VEGREVILLE, AB

**COURSE ID: 5767** 

### **OUTDOOR YOGA** FOR INTERNATIONAL **YOGA DAY** JUNE, 2025

4509 48 ST VEGREVILLE, AB

**COURSE ID: 5768** 

### Library Gymnasium

Register at the Recreation Centre Join a Fitness Alberta instructor for a Chair Fitness Class and AHS to learn how to use 'Therabands' for better mobility and strength training! Coffee, snacks and chat to follow 1:00 - 2:15 pm

### Par-O+ and Waiver Required

For more information, call 790-632-6403

### **Outside the Recreation Centre**

Register at the Recreation Centre Free Yoga Class Bring your own mat encouraged 1:00 - 2:00 pm

### PAR-Q+ and Waiver Required

For more information, call 780-632-6403

JUNE, 2025

## **1.5K SOLIDARITY** PRIDE WALK STARTS/ENDS AT:

4509 48 ST VEGREVILLE, AB

### Meet at the Recreation Centre

Join the Vegreville Pride Committee for a 1.5k Solidarity Walk to show up for your community in support of LGBTOIA2S+. 10:30 am - 12 pm

For more information, call the Recreation Centre at 780-632-6403. FCSS at 780-632-3966 or email vegrevillepride@gmail.com

26 JUNE, 2025

# **ART WALK**

4910 47 AVF VFGRFVII I F. AB

## Street in front of the Splash Park

(ARTISTS/MUSICIANS) Register at vegreville.com Join local artists and live music vendors for an Art Walk, street market style. Play family games like Giant Checkers/Jenga too! 10:00 - 2:00 pm For more information, call 780-632-6403

JUNE, 2025

## **GUIDED WILDLIFE** WALK

4205 42 AVE VEGREVILLE, AB

## Near St. Mary's Pond, Trail/Walking Path

Register at vegreville.com 10:00 am - 12:00 pm (Groups are up to 15 people in 30 minutes) Wildlife walk and learning with local conservation steward Jessica Melsted. For more information, call 780-632-6403















