POOL SCHEDULE

October. 2nd, 2023 – June. 26th, 2024

(This schedule is subject to change. Please double check the calendar on our website where changes will be reflected)

changes will be reflected)						
SUN	MON	TUES	WED	THURS	FRI	SAT
	Lane Swim 6-8:30am	Lane Swim 6-8:30am	Lane Swim 6-8:30am	Lane Swim 6-8:30am	Lane Swim 6-8:30am	
		Aquafit		Aquafit		
		8:45-9:45am		8:45-9:45am		
Available for Rent 10:45-11:45am	School Bookings 9am- 12pm	School Bookings 10am-2pm	School Bookings 9am- 12pm	School Bookings 10am-2pm	School Bookings 9am- 12pm	Available for Rent 10:45-11:45am
Parent & Lane Tot	Parent & Lane Tot		Parent & Lane Tot		Parent & Lane Tot	Parent & Lane Tot
Swim 12-1pm	Swim 12-1pm		Swim 12-1pm		Swim 12-1pm	Swim 12-1pm
Public Swim	Adaptive Swim 1-2pm School	Adult &	Adaptive Swim 1-2pm School	Adult &	School Bookings 1-3pm	Public Swim
1-3pm	Bookings	Senior Swim	Bookings	Senior Swim	1-Spin	1-3pm
Available for	2-3pm	2-3:15pm	2-3pm	2-3:15pm		Available for
Family Swim	Swim Club & Private Lessons 3:30-5:15pm	Swim Lessons	Swim Club & Private Lessons	Swim Lessons	Toonie Swim 3:30-5pm	Rent 3-4pm
4-6pm	3.30-3.13pm	3:30-6:30pm	3:30-5:15pm	3:30-6:30pm		Public Swim 4-6pm
	Aquafit 5:30-6:30pm		Aquafit 5:30-6:30pm		Available for Rent 5:15-6:15pm	
	Public Swim 6:30-8pm	Public Swim 6:30-8pm	Public Swim 6:30-8pm	Public Swim 6:30-8pm	Public Swim 6:30-8pm	
	Lane Swim 8-9pm	Water Lane Walkers Swim 8-9pm	Lane Swim 8-9pm	Water Lane Walkers Swim 8-9pm		
FACILITY HOURS (WEIGHT + CARDIO ROOM/RACQUETBALL COURT/FITNESS STUDIO)						
SUN	MON	TUES	WED	THURS	FRI	SAT
8am-8pm	6am-9pm	6am-9pm	6am-9pm	6am-9pm	6am-9pm	8am-8pm
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